



*Mr Nurul Ahad
Consultant Orthopaedic Surgeon*

Trusted private healthcare from Practice Plus Group.

Expert surgery at a time to suit you.
Get it sorted.

Call us today on **0330 173 2117**

Get it sorted with fast access to expert care

Whether you're living with pain, need a diagnosis, or are ready to explore treatment options, our experienced consultants are here to help. From your first consultation through to treatment and recovery, you'll receive personalised care, clear pricing and support every step of the way.

Don't let pain or uncertainty hold you back. Our private consultations give you fast access to experienced specialists, with any required X-rays, blood tests or swabs included, and a personalised treatment plan so you can get back to doing what you love.

Why choose us?



5,000+ treatments carried out each month.



100% clean record for hospital acquired infections.



Sites rated 'Outstanding' or 'Good' by CQC.



98% of patients recommend Practice Plus Group hospitals.

Helping Linda get back to her best!

Linda, a self-employed property surveyor, recently had her hip replacement surgery with Practice Plus Group and is now back to enjoying her active lifestyle.

Linda says: "At 58, I was starting to think of myself as just getting old and resigning myself to a life of pain while waiting for surgery."

"We are by no means rich and paying for surgery was a big consideration, but I am so glad I went for it. I'm now recovering well and have felt like myself again for the first time in ages. I'm able to earn again, which wouldn't have been possible had I not paid to have surgery sooner."

"I feel my new hip has given me my life back!"



Linda Hand

Private healthcare at Practice Plus Group provides:

- ✓ **Fast access to treatment** - helping you to get back to doing what you love as quickly as possible.
- ✓ **Expert care** - choose your preferred surgeon to lead your care.
- ✓ **Your hospital, your choice** - select from our network of trusted hospitals.
- ✓ **Personal support** - a dedicated private healthcare coordinator will be there to answer any questions, guide you through every step of your journey.

Our specialties include:

- Hip surgery
- Knee surgery
- Diagnostic imaging
- Eye surgery
- General surgery
- Gynaecology
- Urology
- Endoscopy
- Foot and ankle surgery
- Hand and wrist surgery
- Shoulder and elbow surgery
- Pain management treatment and surgery
- Sports injuries
- Spinal surgery
- Vascular surgery
- Ear, nose and throat surgery (ENT)
- Weight loss surgery and treatments
- Private GP service

To see a list of procedures offered at our **Practice Plus Group** hospitals, along with a current price list, please visit our website: [practiceplusgroup.com](https://www.practiceplusgroup.com)

Get it sorted

We'll help you get back to your best sooner than you thought - and for less than you might think.

Paying for your treatment

We believe quality healthcare should be clearly priced and accessible, which is why we offer three straightforward payment options at each of our hospitals.

Option 1: Pay for your treatment directly (Self-pay)

If you're paying for your treatment yourself, our self-pay service offers clear, fixed pricing with no hidden costs.

We'll provide one upfront price that covers everything related to your treatment, including:

- Consultations and diagnostics (such as X-rays, blood tests and scans if needed).
- Your hospital stay and surgery.
- Medications required.
- Post-operative checks, aftercare and physiotherapy (if required).

Self-pay is available for all of our private consultations, diagnostic imaging, treatments and surgical procedures.

Book a private consultation for £145

Your consultation includes:

- An appointment with an expert consultant of your choice.
- Any required x-rays and blood tests.
- A personalised treatment plan, if needed.

Option 2: Use your medical insurance

If you have private medical insurance - either personally or through your employer - you can use your policy to access treatment at Practice Plus Group hospitals.

We work with all major insurers, including AXA Health, Bupa, Aviva, WPA, Vitality, Healix, General & Medical, and more. If you're unsure whether your insurer is accepted, we're happy to check for you.

Getting started is easy:



Step one - contact your insurer

Check that your policy covers the treatment you need and whether a GP referral is required. If approved, you'll receive a pre-authorisation code.



Step two - choose your consultant

Your insurer will confirm which consultants are covered on your policy. You can view our full list of consultants, specialties and experience on our website.



Step three - book your consultation

Call our private patient advisors on **0330 173 2117** or use our online booking form. Please have your policy number and pre-authorisation code ready.

Option 3: Spread the cost of your treatment

You can also spread the cost of your surgery with flexible payment plans through our finance partner, Chrysalis Finance.

Available options include:

- 0% interest payment plans over 12 months.
- Longer-term plans from 24 to 60 months at 14.9% APR.

To discuss your eligibility and options, call us on **0330 173 2117**.

Practice Plus Group Hospitals Limited trading as Practice Plus Group is an Appointed Representative of Chrysalis Finance Limited, which is authorised and regulated by the Financial Conduct Authority. Practice Plus Group Hospitals Limited is a credit broker, not a lender. Acceptance is subject to status. Costs are uniform nationally, however customers may be required to pay for additional scans/tests if considered necessary. Visit practiceplusgroup.com/t-and-c.

Frequently asked questions

How do I book an appointment?

Call our friendly private patient advisors on **0330 173 2117** and they'll help you book a convenient appointment with your chosen consultant at your preferred Practice Plus Group hospital.

Can I get a quote if I'm paying for myself?

Yes. We'll give you an estimated cost when you book your consultation. After your consultation, you'll receive a formal quote. In most cases, the estimate and final quote are the same unless the procedure needed changes.

What do I pay if I have private medical insurance?

This depends on your policy. Most insured patients only pay their agreed excess, typically £100 - £250, after treatment.

I've been seen on the NHS but have a long wait - can I go private?

Yes. You can choose to pay for yourself or use private medical insurance. Switching from NHS to private care is simple, and you may see the same consultant.

Why are you more affordable than other private hospitals?

We employ many of our consultants directly, which helps keep costs lower and allows us to pass those savings on to our patients.

Do I need a GP referral?

Sometimes, depending on the treatment. In most cases, we'll just request a medical history report from your GP.

Can I choose my consultant?

Yes. You can browse our consultants online or we can recommend one for you. Visit practiceplusgroup.com/consultants.

How and when do I pay?

Your consultation fee is paid at booking. Surgery fees are due one week before your surgery. You can pay by card, bank transfer, or monthly via Chrysalis Finance Limited.

Insured patients pay their excess after treatment if they proceed.

What is your CQC rating?

All of our hospitals are rated 'Outstanding' or 'Good' by the Care Quality Commission, reflecting our commitment to safe, high-quality, patient-focused care.

What aftercare do you provide?

We support you through recovery with follow-up appointments, physiotherapy where needed, and access to a 24 hour clinician-led helpline after surgery.

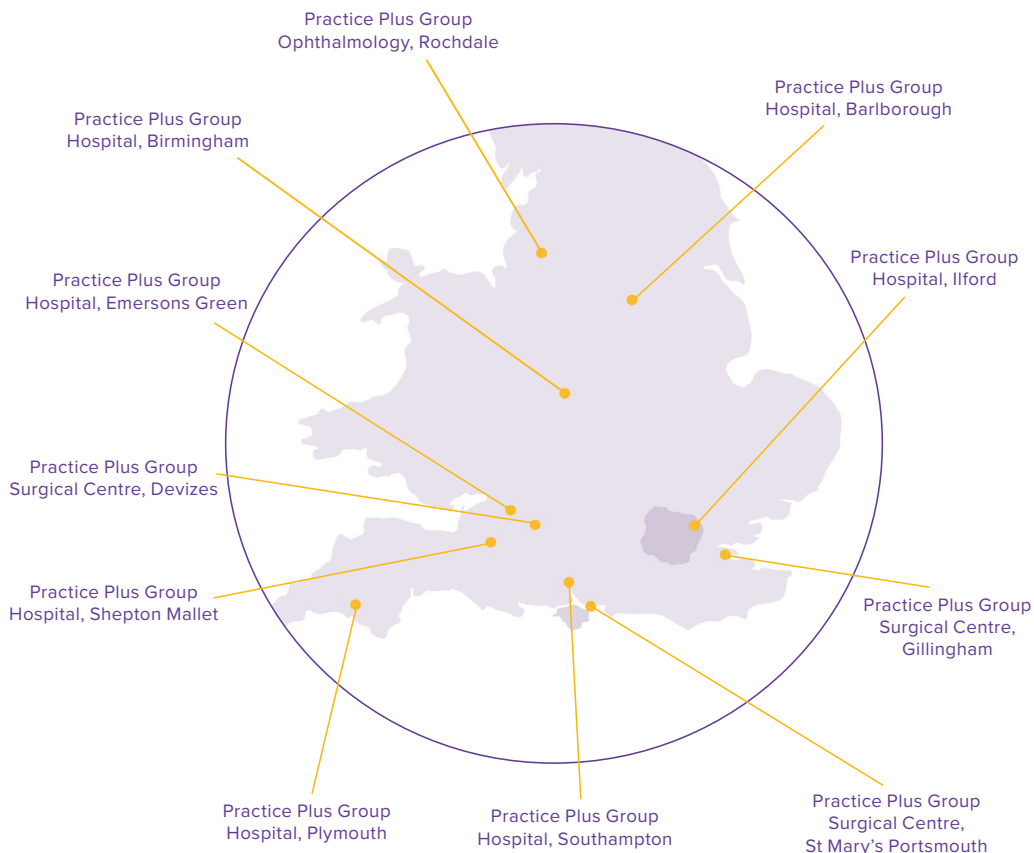
Can I have surgery if I have a health condition?

Yes, in many cases. We can treat patients with well-managed, stable conditions, including angina, asthma, atrial fibrillation, diabetes, high blood pressure, Parkinson's disease, and mild dementia. If you would like to discuss any concerns, please speak to one of our private patient advisers.



Sofia D'Souza
Theatre Practitioner

Our hospitals and surgical centres



Get in touch

Call us today on **0330 173 2117**
[practiceplusgroup.com](https://www.practiceplusgroup.com)

Keep in touch

