



Practice Plus Group  
Hospital, Ilford

# Ophthalmology referrer handbook



# Service information

At Practice Plus Group Ophthalmology, we are able to treat patients over the age of 18 years for a variety of conditions. We recognise how important it is for patients to be seen as quickly as possible, therefore we provide options for both NHS and private patients. We endeavour to provide quick access to high-quality treatments both on the NHS and for self funded patients.

## Our services include:

-  Cataract surgery
-  Oculoplastics - Assesment and treatment of watering eye, biopsies, blepharoplasty, chalazion removal, entropian repair, ectropian repair, ptosis repair, punctal plug insertion
-  YAG Laser - Blepharospasm, Hemifacial microsomia, posterior capsule opacification
-  Pterygium surgery

## Why choose us?



### NHS Patients

Free high quality healthcare with short waiting times.

Did you know patients can choose where to have their NHS hospital treatment? Patients that need to see an NHS specialist can choose to access Practice Plus Group as an NHS patient.



### Self pay patients

Affordable options for funding treatment

With an option for patients to pay for themselves, Practice Plus Group offers high quality, consultant-delivered care without the unnecessary extras. It is excellent value for money, with no compromise on clinical outcomes.



### Our location

We're committed to bringing care closer to you

Practice Plus Group Hospital,  
Ilford,  
Barley Lane,  
Ilford,  
Essex  
IG3 8YY

## Reasons to choose Practice Plus Group Ophthalmology



99% of patients surveyed recommended Practice Plus Group Ophthalmology to their friends and family.



The independent regulator of health and social services, CQC, rated Practice Plus Group Hospital, Ilford as 'Good'.

Practice Plus Group Ophthalmology has a 100% clean record against hospital-acquired infections.

## How to refer

### GPs and optometrists

We can accept referrals through our dedicated channels below. This includes use of the GOS18 referral form or our fast-track referral form.



#### eRS

- Adult cataract service - Practice Plus Group Hospital, Ilford
- Adult Eyelid Minor Ops Service - Practice Plus Group Hospital, Ilford
- Ilford Oculoplastics and Lids Service - Practice Plus Group Hospital, Ilford
- Adult YAG laser- Practice Plus Group Hospital, Ilford



For any queries surrounding referrals please email  
[Practiceplusgrp.ilford.referrals@nhs.net](mailto:Practiceplusgrp.ilford.referrals@nhs.net)



# Referral information for cataracts

We are unable to treat patients who have complex ocular conditions or require additional general health support. Our hospitals and surgical centres will assess all patient needs on an individual basis.

## We are unable to treat patients who have or need:

- BMI assessed individually
- Implanted cardiac defibrillator
- Require continuous O2 therapy
- Cardiac arrest or stroke in the last six months
- Unable to lay flat and keep still for 20 minutes
- General anaesthetic
- IV sedation (oral sedation can be provided)
- Previous glaucoma surgery (stents or trabs or tubes)
- Active vein occlusion
- Phacodonesis
- Black cataracts
- Nanophthalmos
- Corneal grafts
- Active detached retina

At many of our sites, patients will be referred back into the community for their follow up appointment after cataract surgery. To find out if this is applicable, please contact our team at: **0208 598 4600**, Opt-2

# Self-pay options

Patients who may be looking for more flexibility around appointments and lens choices and wish to pay for their treatment/utilise their private medical insurance can contact our private healthcare team for more information.

## Our private treatments include:

- Cataract
- Oculoplastics
- Consultations
- YAG laser

## Access to treatment within four weeks

We deliver an out-patient appointment and treatment within two to three weeks of first making contact.

## Funding options

Finance is available over 12 months 0% or longer-term options from 24-60 months at 14.9% APR via our finance provider, Chrysalis Finance Limited.

### Lens choices



#### Toric distance lens

Toric lenses give good distance vision for patients with astigmatism. Often used for mono-vision, or multi-focal lenses to improve both short and long sightedness.



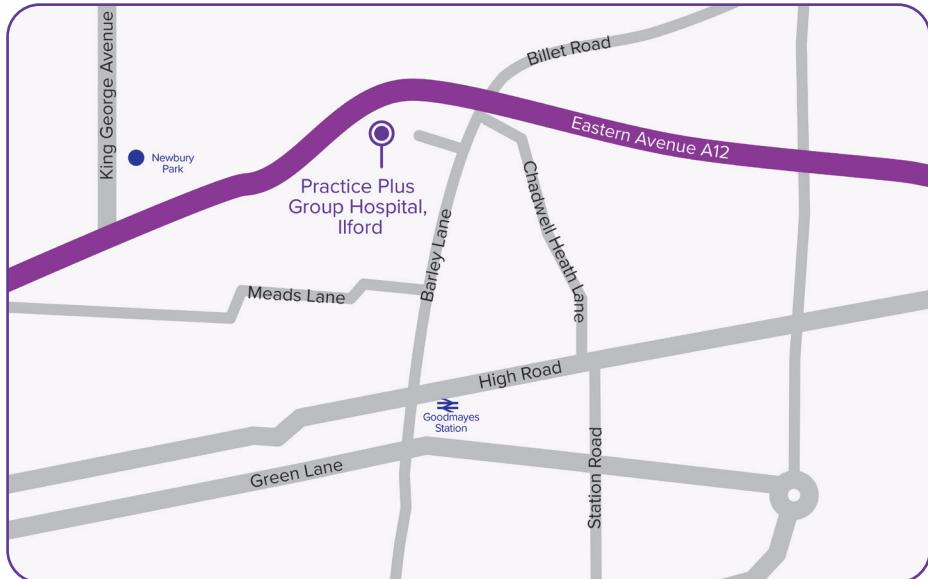
#### Extended depth of focus lens

These lenses are ideal for improving distance and intermediate vision (e.g. computer screen vision). They are suitable for eyes with low astigmatism, and patients who prefer not to wear glasses for driving.



#### Bi-focal lenses

Bi-focal lenses generally reduce the need for wearing glasses, especially in good light. These lenses help patients with low astigmatism, giving good vision for distance, intermediate and near sight.



# Find us

## Address

Practice Plus Group Hospital, Ilford,  
Barley Lane,  
Ilford,  
Essex  
IG3 8YY

## Opening hours :

Monday – Sunday  
7:00am – 7:00pm

# Contact us

## Call us:

Reception  
**0208 598 4600**, Opt-2

Book a private consultant  
**0330 162 0029**

All calls (inbound and outbound) are recorded for quality and training purposes.

**Notes:**

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