



Practice
Plus
Group

Practice Plus Group, St Mary's Surgical
Centre, Portsmouth

Ophthalmology referrer handbook



Service information

At Practice Plus Group Ophthalmology, we are able to treat patients over the age of 18 years for a variety of conditions. We recognise how important it is for patients to be seen as quickly as possible, therefore we provide options for both NHS and private patients. We endeavour to provide quick access to high-quality treatments both on the NHS and for self funded patients.

Our services include:

- ✓ Cataract surgery
- ✓ Glaucoma
- ✓ Laser treatment – YAG Laser
- ✓ General eye conditions

Why choose us?



NHS

NHS Patients

Free high quality healthcare with short waiting times.

Did you know patients can choose where to have their NHS hospital treatment? Patients that need to see an NHS specialist can choose to access Practice Plus Group as an NHS patient.



Self pay patients

Affordable options for funding treatment

With an option for patients to pay for themselves, Practice Plus Group offers high quality, consultant-delivered care without the unnecessary extras. It is excellent value for money, with no compromise on clinical outcomes.



Our location

We're committed to bringing care closer to you

You can find us at the Practice Plus Group, Surgical Centre Portsmouth
Milton Road
Portsmouth
PO3 6DW
St Marys Campus

Reasons to choose Practice Plus Group Ophthalmology



99% of patients surveyed recommended Practice Plus Group Ophthalmology to their friends and family.



The independent regulator of health and social services, CQC, rated Practice Plus Group Ophthalmology at St Mary's Portsmouth as 'Good'.



Practice Plus Group Ophthalmology has a 100% clean record against hospital-acquired infections.

How to refer

GPs and optometrists

We can accept referrals through our dedicated channels below. This includes use of the GOS18 referral form or our fast-track referral form.



Email

Wet AMD practiceplusgrp.stmarys-acos@nhs.net



eRS

- Portsmouth Community Ophthalmology Cataract Clinic
Practice Plus Group Surgical Centre, Portsmouth Service ID: 7936143
- Portsmouth Community Ophthalmology General Clinic
Practice Plus Group Surgical Centre, Portsmouth Service ID:7936344



For more information about referrals, please visit:
practiceplusgroup.com

Referral information for cataracts

We are unable to treat patients who have complex ocular conditions or require additional general health support. Our hospitals and surgical centres will assess all patient needs on an individual basis.

We are unable to treat patients who have or need:

- BMI >45 in Practice Plus Group hospital settings
- BMI >40 in Practice Plus Group surgical centres
- Implanted cardiac defibrillator
- Require continuous O2 therapy
- Cardiac arrest or stroke in the last six months
- Unable to lay flat and keep still for 20 minutes
- General anaesthetic
- IV sedation (oral sedation can be provided)
- Previous glaucoma surgery (stents or trabs or tubes)
- Active vein occlusion
- Phacodonesis
- Black cataracts
- Nanophthalmos
- Corneal grafts
- Active detached retina
- Active / unstable Wet AMD

At many of our sites, patients will be referred back into the community for their follow up appointment after cataract surgery. To find out if this is applicable, please contact our team at: [03332001822](tel:03332001822)

Self-pay options

Patients who may be looking for more flexibility around appointments and lens choices and wish to pay for their treatment/utilise their private medical insurance can contact our private healthcare team for more information.

Our private treatments include:

- Cataract
- YAG Laser
- Consultations


Access to treatment within 6 weeks

We deliver an out-patient appointment and treatment within six weeks of first making contact.


Funding options

We offer patients options to spread the cost of their treatment using interest free and low APR finance options. Finance is available over 12 months 0% or longer-term options available from 24-60 months 14.9% APR.


Lens choices



Toric distance lens
Toric lenses gives good distance vision for patients with astigmatism. Often used for mono-vision, or multi-focal lenses to improve both short and long sightedness.



Extended depth of focus lens
These lenses are ideal for improving distance and intermediate vision (e.g. computer screen vision). They are suitable for eyes with low astigmatism, and patients who prefer not to wear glasses for driving.



Bi-focal lenses
Bi-focal lenses generally reduce the need for wearing glasses, especially in good light. These lenses help patients with low astigmatism, giving good vision for distance, intermediate and near sight.



Find us

Address

Practice Plus Group Surgical Centre
Portsmouth
Milton Road
Portsmouth
PO36DW
St Marys Campus

Day surgery opening hours :

8am-6pm weekdays for booked appointments.

Contact us

Call us:

Reception
0333 200 1822

Book a private consultant
02394214864

All calls (inbound and outbound) are recorded for quality and training purposes.



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