



**Practice  
Plus  
Group**

## Patient information

# Guidance on preparing skin for surgery

We want your surgical procedure to be as safe as possible and your visit with us to be a smooth journey. Having a skin issue (such as any of the below) anywhere on your body can cause complications post-operatively - such as infection. If the lesion is assessed by a health professional on your day of surgery, you may find that your surgery could be cancelled.

**Please let us know as soon as possible if you have found any of the following lesions on your skin:**

- Bites
- Cuts/grazes/broken skin
- Burns
- Ulcers/abscesses
- Fungal infections/athletes foot
- Other active skin infections
- Flare ups in skin conditions such as eczema, rash, psoriasis, lipodermatosclerosis
- Any other changes to your skin since your pre-assessment.

By letting us know, we can ask you to send us a picture or come to clinic to have the issue assessed by one of the health professionals, to determine if it will be safe enough to proceed with your surgery or if it would be better for yourself to reschedule for when the issue has cleared up.

Please refrain from any activity which has high risk of skin injury (e.g. sporting activity, gardening) the week before your planned surgery.

Please don't hesitate to contact us if you are worried. We are here to help.