



Practice  
Plus  
Group

Practice Plus Group, Croft Shifa

# Ophthalmology referrer handbook



# Service information

At Practice Plus Group Ophthalmology, we are able to treat patients over the age of 18 years for a variety of conditions. We recognise how important it is for patients to be seen as quickly as possible, therefore we provide options for both NHS and private patients. We endeavour to provide quick access to high-quality treatments both on the NHS and for self funded patients.

## Our services include:

- ✓ Cataract surgery
- ✓ Glaucoma
- ✓ Laser treatment – YAG Laser capsulotomy, SLT, PRP, Macular Grid, Peripheral Iridotomy.
- ✓ Medical Retinal conditions – Retinal vein occlusions, Diabetic macular oedema, Myopic CNV, Hydroxychloroquine Screening
- ✓ Oculoplastics – Biopsies, Chalazion removal, Entropion Repair, Ectropion Repair, Ptosis repair, Punctal Plug insertion
- ✓ Wet AMD
- ✓ YAG Laser

# Why choose us?

**NHS Patients**  
*Free high quality healthcare with short waiting times.*  
Did you know patients can choose where to have their NHS hospital treatment? Patients that need to see an NHS specialist can choose to access Practice Plus Group as an NHS patient.

**Self pay patients**  
*Affordable options for funding treatment*  
With an option for patients to pay for themselves, Practice Plus Group offers high quality, consultant-delivered care without the unnecessary extras. It is excellent value for money, with no compromise on clinical outcomes.

**Mobile service**  
*Mobile Wet AMD service*  
Practice Plus Group Ophthalmology provide local mobile services for the treatment of Wet Age-Related Macular Degeneration (Wet AMD).

**Our locations**  
*We're committed to bringing care closer to you*  
You can find us at the Croft Shifa Health Centre in Rochdale, or at a number of mobile sites across the region.

## Reasons to choose Practice Plus Group Ophthalmology



99% of patients surveyed recommended Practice Plus Group Ophthalmology to their friends and family.



The independent regulator of health and social services, CQC, rated Practice Plus Group Ophthalmology as 'Outstanding'.



Practice Plus Group Ophthalmology has a 100% clean record against hospital-acquired infections.

# How to refer

## GPs and optometrists

We can accept referrals through our dedicated channels below. This includes use of the GOS18 referral form or our fast-track referral form.



### Email

Wet AMD [practiceplusgrp.macular@nhs.net](mailto:practiceplusgrp.macular@nhs.net)

All other services: [practiceplusgrp.nwophthalmology@nhs.net](mailto:practiceplusgrp.nwophthalmology@nhs.net)



### eRS

- MACULAR RAS – BRADFORD - PRACTICE PLUS GROUP OPHTHALMOLOGY – M902F
- MACULAR RAS – DONCASTER - PRACTICE PLUS GROUP OPHTHALMOLOGY – U0L6W
- MACULAR RAS - WAKEFIELD: PRACTICE PLUS GROUP OPHTHALMOLOGY - D0K5I
- MACULAR RAS - PRACTICE PLUS GROUP OPHTHALMOLOGY, NORTH WEST – NTPAE
- CATARACTS RAS - PRACTICE PLUS GROUP OPHTHALMOLOGY, NORTH WEST – NTPAE
- GENERAL OPHTHALMOLOGY RAS - PRACTICE PLUS GROUP OPHTHALMOLOGY, NORTH WEST – NTPAE
- GLAUCOMA RAS - PRACTICE PLUS GROUP OPHTHALMOLOGY, NORTH WEST – NTPAE
- LASER RAS - PRACTICE PLUS GROUP OPHTHALMOLOGY, NORTH WEST – NTPAE
- OCULOPLASTICS RAS - PRACTICE PLUS GROUP OPHTHALMOLOGY, NORTH WEST – NTPAE



For more information about referrals, please visit:

[practiceplusgroup.com](https://practiceplusgroup.com)

For a copy of our fast-track referral form please call **0333 200 4058**

# Referral information for cataracts

We are unable to treat patients who have complex ocular conditions or require additional general health support. Our hospitals and surgical centres will assess all patient needs on an individual basis.

## We are unable to treat patients who have or need:

- BMI >45 in Practice Plus Group hospital settings
- BMI >40 in Practice Plus Group surgical centres
- Implanted cardiac defibrillator
- Require continuous O2 therapy
- Cardiac arrest or stroke in the last six months
- Unable to lay flat and keep still for 20 minutes
- General anaesthetic
- IV sedation (oral sedation can be provided)
- Previous glaucoma surgery (stents or trabs or tubes)
- Active vein occlusion
- Phacodonesis
- Black cataracts
- Nanophthalmos
- Corneal grafts
- Active detached retina
- Active / unstable Wet AMD

At many of our sites, patients will be referred back into the community for their follow up appointment after cataract surgery. To find out if this is applicable, please contact our team at: **0333 200 4058**

# Referral information for Wet AMD



We operate a 72-hour fast-track response service upon receipt of referral.

## We can treat most macular conditions that respond to Intravitreal Injections

- Wet Macular Degeneration (WAMD)
  - Diabetic Macular Oedema (DMO)
  - Vein Occlusions (VO)
  - Neovascular membranes associated with myopia (Myopic CNVM)
- (These conditions may be treated with Lucentis, Eylea, Avastin or Beovu.)

## We are unable to treat patients who have or need

- Dry AMD
- Epiretinal Membranes
- Macular Holes

For more referral information, please contact: **0333 200 4058**  
or visit our website: [practiceplusgroup.com](https://www.practiceplusgroup.com)



# Self-pay options

Patients who may be looking for more flexibility around appointments and lens choices and wish to pay for their treatment/utilise their private medical insurance can contact our private healthcare team for more information.

## Our private treatments include:

- Cataract
- YAG Laser
- Consultations


## Access to treatment within 6 weeks

We deliver an out-patient appointment and treatment within six weeks of first making contact.


## Funding options

We offer patients options to spread the cost of their treatment using interest free and low APR finance options. Finance is available over 12 months 0% or longer-term options available from 24-60 months 14.9% APR.


**Lens choices**



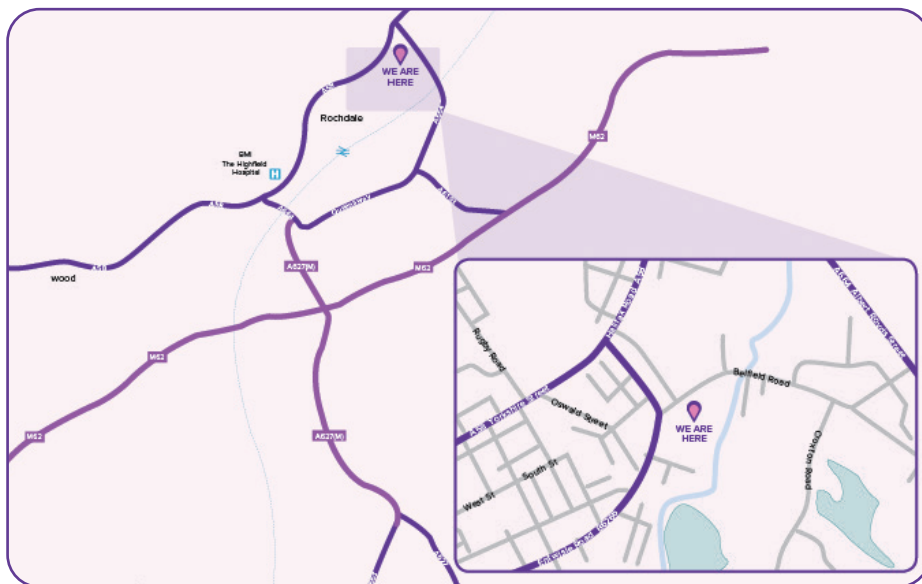
**Toric distance lens**  
Toric lenses gives good distance vision for patients with astigmatism. Often used for mono-vision, or multi-focal lenses to improve both short and long sightedness.



**Extended depth of focus lens**  
These lenses are ideal for improving distance and intermediate vision (e.g. computer screen vision). They are suitable for eyes with low astigmatism, and patients who prefer not to wear glasses for driving.



**Bi-focal lenses**  
Bi-focal lenses generally reduce the need for wearing glasses, especially in good light. These lenses help patients with low astigmatism, giving good vision for distance, intermediate and near sight.



## Find us

### Address

Practice Plus Group Ophthalmology  
Croft Shifa Health Centre  
Belfield Rd  
Rochdale  
OL16 2UP

### Opening hours :

Monday – Friday 8:30am – 5:00pm

## Contact us

### Call us:

Reception  
**0333 200 4058**

Book a private consultant  
**0330 135 8039**

All calls (inbound and outbound) are recorded for quality and training purposes.

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